

A) RU - it's time to move – we're gonna let it go
RU - gonna find our groove - and if you're feelin' low, just
RU – come on outta the dark -And before you know, if we
RU - and just fan that spark - Our love will start to Grow

A) RU – got a **new** start - It's a brand new day
RU – with a true heart - We can **laugh** along the way
RU – here's another chance - you hear what I say ...just
RU – if you love to dance - Get on your feet and Pray

B) If you're feeling lonely or you're thinking life is hard
Surrender to the rhythm ...you can let down your guard
If your burden's heavy, go ahead and put your baggage down
Travel light and happy, makes it easier to get around... That's
right let's

A) Rise Up...

B) And if your spill your milk, get a mop and clean it up
There's no need worry, there's always another cup
With **p**lenty all around us We're gonna the good life flow
We're gonna **Free** our minds from the **Tombs** of the time
and **Roll** away the stone....

C) Into the Vamp

I am love and so are you
You know there is Nothing a new thought can't renew
We can be in JOY now let's just Rise UP